

# PUMA HERZOMAN

## -Volkstriathlon-

30. Juli 2006

400 m - 20 km - 5 km

### Ergebnisliste

Plz	SNr	Name	Vorname	Verein	JG	AK	AKPI	Schwimm	Rad	Lauf	Endzeit
1.	364	Keller	Benjamin	Delphin Herzogenaurach 1977	77	TMA2	1.	00:05:14	00:35:35	00:19:34	01:00:23
2.	363	Holzapfel	Simon	Post SV Nürnberg	87	TMJN	1.	00:05:19	00:36:29	00:18:53	01:00:41
3.	365	Blank	Alex	Suunto Team TSV Hof	73	TMA3	1.	00:05:51	00:35:15	00:20:11	01:01:17
4.	361	Stockbauer	Mirko	Ingenieurbüro Peter Pöttl	78	TMA2	2.	00:05:12	00:36:38	00:19:36	01:01:26
5.	354	Mitterbauer	Christian	Ingenieurbüro Peter Pöttl	67	TMA4	1.	00:05:43	00:37:35	00:19:29	01:02:47
6.	353	Diermaier	Martin	Ingenieurbüro Peter Pöttl	71	TMA4	2.	00:07:09	00:37:12	00:18:33	01:02:54
7.	360	Linkmann	Stefan	Ingenieurbüro Peter Pöttl	77	TMA2	3.	00:05:48	00:38:01	00:19:44	01:03:33
8.	362	Weisbach	Dr. Volker	TS Herzogenaurach	61	TMS2	1.	00:06:17	00:37:28	00:20:56	01:04:41
9.	352	Winter	Christian	Ingenieurbüro Peter Pöttl	80	TMA2	4.	00:07:00	00:37:30	00:20:19	01:04:49
10.	357	Ziemainz	Dr. Heiko	TV 48 Erlangen	69	TMA4	3.	00:06:06	00:00:00	00:59:10	01:05:16
11.	359	Rascher	Marcus	Ingenieurbüro Peter Pöttl	68	TMA4	4.	00:06:40	00:37:51	00:20:58	01:05:29
12.	240	Jesberger	Heidi	TSV Assamstadt	77	TWA2	1.	00:05:57	00:39:10	00:20:24	01:05:31
13.	349	Karasek	Christian	TB Erlangen 1888	72	TMA3	2.	00:07:02	00:37:26	00:21:18	01:05:46
14.	355	Gaukel	Florian	RSC Kempten	81	TMA2	5.	00:06:00	00:37:38	00:22:23	01:06:01
15.	350	Geißler	Jürgen	TV48 Erlangen	65	TMS1	1.	00:06:59	00:37:19	00:22:09	01:06:27
16.	356	Binner	Roman	TV 48 Erlangen	77	TMA2	6.	00:05:26	00:37:49	00:23:16	01:06:31
17.	327	Heidingsfelder	Holger	James Bond Fan Club 007	74	TMA3	3.	00:06:10	00:39:56	00:20:28	01:06:34
18.	344	Pretzl	Franz	Ingenieurbüro Peter Pöttl	58	TMS2	2.	00:07:48	00:39:24	00:19:25	01:06:37
19.	346	Wander	Richard	Post SV Nürnberg	72	TMA3	4.	00:05:26	00:39:06	00:22:06	01:06:38
20.	317	Rittmaier	Markus	Erlangen	75	TMA3	5.	00:07:08	00:39:00	00:20:31	01:06:39
21.	339	Bauer	Peter	Herzogenaurach	60	TMS2	3.	00:07:35	00:37:54	00:21:12	01:06:41
22.	345	Möbner	Christoph	Betriebssportgruppe	76	TMA3	6.	00:07:31	00:39:47	00:20:37	01:07:55
22.	325	Göttlicher	Thomas	DAV Röthenbach	80	TMA2	7.	00:06:37	00:38:30	00:22:48	01:07:55
24.	243	Harig	Barbara	PUMA AG	67	TWA4	1.	00:06:25	00:42:16	00:19:16	01:07:57
25.	291	Bals	Thorsten	HHH Singapore	68	TMA4	5.	00:06:02	00:40:31	00:21:26	01:07:59
26.	315	Bauer	Günter	ebm papst Team	65	TMS1	2.	00:07:20	00:38:49	00:21:53	01:08:02
27.	320	Gruß	Frank	VfB Forchheim	65	TMS1	3.	00:07:41	00:39:40	00:21:02	01:08:23
28.	331	Distler	Robert	Treuchtlingen	67	TMA4	6.	00:07:45	00:37:40	00:23:05	01:08:30
29.	214	Gatersleben	Stefan	Schaeffler Team	69	TMA4	7.	00:06:34	00:40:17	00:21:46	01:08:37
30.	358	Duda	Andreas	Bisloher Millionäre	75	TMA3	7.	00:06:24	00:37:36	00:24:41	01:08:41
31.	328	Fleischmann	Jürgen	Metzgerei Fleischmann	73	TMA3	8.	00:06:35	00:39:32	00:22:46	01:08:53
32.	330	Weeber	Markus	Fürth	75	TMA3	9.	00:06:19	00:39:09	00:23:31	01:08:59
33.	341	Scholze	Stefan	TSV Höchststadt	73	TMA3	10.	00:08:03	00:38:51	00:22:22	01:09:16
34.	274	John	Harald	SSV Forchheim	68	TMA4	8.	00:06:07	00:41:20	00:21:51	01:09:18
35.	241	Schmidt	Irmgard	CIS Amberg	76	TWA3	1.	00:06:18	00:42:08	00:21:08	01:09:34
36.	276	Mönikheim	Werner	Tria Freudenbach	65	TMS1	4.	00:06:52	00:38:28	00:24:34	01:09:54
37.	322	Schuessler	Benjamin	Ingenieurbüro Peter Pöttl	82	TMA1	1.	00:07:44	00:40:06	00:22:06	01:09:56
38.	351	Voit	Michael	VfL Tritteam Nürnberg	68	TMA4	9.	00:06:56	00:41:19	00:21:44	01:09:59
39.	326	Remmert	Claus	Ingenieurbüro Peter Pöttl	70	TMA4	10.	00:08:03	00:39:38	00:22:22	01:10:03
40.	347	Engel	Jürgen	Schaeffler Team	69	TMA4	11.	00:07:26	00:39:08	00:23:34	01:10:08
41.	314	Attmannspacher	Winfried	DJK SF Langwasser	58	TMS2	4.	00:07:15	00:42:12	00:20:45	01:10:12
42.	323	Gast	Thorsten	TS Herzogenaurach	78	TMA2	8.	00:07:07	00:41:14	00:21:57	01:10:18
43.	242	Valerius	Carmen	Newlineteam TV48 Erlangen	86	TWA1	1.	00:05:57	00:41:30	00:22:55	01:10:22
44.	162	Hasel	Martin	ProLeiT AG	83	TMA1	2.	00:07:59	00:39:34	00:22:54	01:10:27
45.	340	Brückner	Michael	Team 4	71	TMA4	12.	00:07:46	00:40:00	00:22:49	01:10:35

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46.	185	Zent	Klaus	DAV Röthenbach	61	TMS2	5.	00:07:31	00:39:49	00:23:19	01:10:39
46.	348	Schuster	Hartmut	Sunshine Sports Erlangen	71	TMA4	13.	00:06:58	00:38:40	00:25:01	01:10:39
46.	264	Koos	Bernd	Erlangen	78	TMA2	9.	00:06:28	00:41:04	00:23:07	01:10:39
49.	335	Niedermann	Johannes	Schaeffler Team	75	TMA3	11.	00:08:03	00:39:50	00:22:48	01:10:41
50.	321	Hecht	Rüdiger	VfB Forchheim	63	TMS1	5.	00:07:40	00:41:19	00:21:51	01:10:50
51.	285	Wiedek	Florian	TSV Höchststadt	88	TMJN	2.	00:07:17	00:41:48	00:21:51	01:10:56
52.	319	Exner	Horst	TSV Höchststadt	61	TMS2	6.	00:06:56	00:43:35	00:20:45	01:11:16
53.	342	Gottwald	Horst	TSV Zirndorf	64	TMS1	6.	00:08:15	00:40:01	00:23:03	01:11:19
54.	306	Armborst	Manfred	Schaeffler Team	67	TMA4	14.	00:07:26	00:42:03	00:21:51	01:11:20
55.	203	Köle	Tobias	Hausen	81	TMA2	10.	00:08:11	00:41:19	00:21:56	01:11:26
56.	284	Wetzel	Stephan	Forchheim	67	TMA4	15.	00:07:24	00:41:00	00:23:03	01:11:27
57.	272	Janouschek	Matthias	Siemens E94	77	TMA2	11.	00:08:14	00:42:25	00:20:49	01:11:28
58.	307	Auer	Andreas	Tri-Marathonteam Zirndorf	68	TMA4	16.	00:07:52	00:43:03	00:20:35	01:11:30
59.	182	Fritz	Wolfgang	TV Fürth 1860	60	TMS2	7.	00:06:34	00:40:56	00:24:07	01:11:37
60.	194	Schürer	Horst	für die Zukunft unserer Kinder	61	TMS2	8.	00:05:31	00:42:27	00:23:44	01:11:42
61.	286	Wellein	Bernd	Betriebssportgruppe Stadtwerke	67	TMA4	17.	00:08:13	00:39:43	00:23:53	01:11:49
62.	311	Scheuer	Peter	TS Herzogenaurach	55	TMS3	1.	00:09:00	00:42:42	00:20:49	01:12:31
63.	313	Benker	Jochen	Weißenburg	66	TMS1	7.	00:07:14	00:41:14	00:24:10	01:12:38
64.	334	Haemmerle	Stefan	PUMA AG	72	TMA3	12.	00:06:58	00:42:19	00:23:26	01:12:43
65.	295	Rauch	Oliver	Erlangen	78	TMA2	12.	00:07:26	00:41:49	00:23:29	01:12:44
66.	211	Gebstattel	Ralph	TSV Neustadt/Aisch	70	TMA4	18.	00:08:55	00:43:49	00:20:01	01:12:45
67.	239	Schubardt	Susanne	TS Herzogenaurach	67	TMA4	2.	00:06:35	00:42:14	00:24:05	01:12:54
68.	149	Grandjean	Norbert	Siemens	58	TMS2	9.	00:07:47	00:43:54	00:21:19	01:13:00
69.	212	Schoberth	Frank	Veitsbronn	67	TMA4	19.	00:09:19	00:43:30	00:20:13	01:13:02
70.	260	Fröba	Sascha	Langenzenn	69	TMA4	20.	00:07:51	00:44:45	00:20:30	01:13:06
71.	287	Lotter	Steffen	DJK Effeltrich	89	TMJA	1.	00:06:19	00:42:59	00:23:49	01:13:07
72.	312	Hummitzsch	Dieter	TV 48 Erlangen	50	TMS4	1.	00:07:16	00:41:22	00:24:31	01:13:09
73.	337	Peichl	Stefan	Speed-Max-Team	82	TMA1	3.	00:08:05	00:41:27	00:23:38	01:13:10
74.	46	Mirschberger	Jürgen	VfB Forchheim	64	TMS1	8.	00:06:44	00:41:40	00:24:51	01:13:15
75.	213	Koch	Martin	Erlangen	63	TMS1	9.	00:09:02	00:42:29	00:21:48	01:13:19
76.	296	Blaschke	Sebastian	Freising	80	TMA2	13.	00:06:27	00:00:00	01:07:08	01:13:35
77.	324	Steidl	Frank	ASV Veitsbronn-Siegelsdorf	87	TMJN	3.	00:08:05	00:45:14	00:20:23	01:13:42
78.	165	Mühlmeister	Andreas	ProLeiT AG	67	TMA4	21.	00:09:08	00:42:20	00:22:23	01:13:51
79.	301	Wagner	Michael	Oberscheinfeld	75	TMA3	13.	00:08:09	00:42:25	00:23:27	01:14:01
79.	152	Haas	Robert	Baiersdorf	64	TMS1	10.	00:08:27	00:42:50	00:22:44	01:14:01
81.	290	Kark	Matthias	E-ZUG Erlangen	78	TMA2	14.	00:06:54	00:43:37	00:23:37	01:14:08
82.	316	Spenger	Rainer	Ingenieurbüro Peter Pöttl	57	TMS2	10.	00:07:57	00:43:24	00:23:03	01:14:24
83.	205	Federl	Nicolas	Nürnberg	89	TMJA	2.	00:08:17	00:43:04	00:23:15	01:14:36
84.	318	Krämer	Roland	TC Blue Marlin e.v. Nürnberg	71	TMA4	22.	00:07:34	00:41:22	00:25:44	01:14:40
85.	336	Meguellati	David	Schaeffler Team	75	TMA3	14.	00:07:42	00:44:37	00:22:40	01:14:59
86.	305	Krüger	Frank	Schaeffler Team	68	TMA4	23.	00:07:53	00:42:53	00:24:23	01:15:09
87.	293	Willnow	Tom	Berlin	64	TMS1	11.	00:06:40	00:43:57	00:24:35	01:15:12
88.	288	Liebkie	Klaus	DJK SF Langwasser	57	TMS2	11.	00:08:34	00:44:27	00:22:27	01:15:28
89.	155	Neumüller	Thomas	Herzogenaurach	70	TMA4	24.	00:09:15	00:43:13	00:23:01	01:15:29
90.	221	Hämmerle	Silke	Team FINISH LINE Nürnberg	73	TMA3	2.	00:07:26	00:43:25	00:24:44	01:15:35
91.	190	Tenbrink	Martin	Forchheim	66	TMS1	12.	00:07:59	00:43:40	00:24:01	01:15:40

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### Ergebnisliste

92.	134	Winkler	Stefan	Nürnberg	78	TMA2	15.	00:07:42	00:42:18	00:25:47	01:15:47
93.	235	Brückner	Heidi	TSV Katzwang 05	71	TWA4	3.	00:07:56	00:43:52	00:24:03	01:15:51
94.	252	Camp	Norbert	LT Röttenbach	58	TMS2	12.	00:07:46	00:44:01	00:24:15	01:16:02
95.	244	Binner	Claudia	TV 48 Erlangen	57	TWS2	1.	00:08:39	00:44:12	00:23:24	01:16:15
96.	102	Salzgeber	Martin	Schaeffler Team	70	TMA4	25.	00:09:29	00:46:22	00:20:29	01:16:20
97.	343	Mayr	Andreas	TSV Zirndorf	59	TMS2	13.	00:09:07	00:42:26	00:24:48	01:16:21
98.	207	Krommer	Peter	PUMA AG	90	TMJA	3.	00:08:17	00:45:10	00:22:59	01:16:26
99.	237	Sonntag	Grit	DAV Röthenbach	70	TWA4	4.	00:09:41	00:44:28	00:22:35	01:16:44
100.	269	Holzmann	Klaus-Dieter	Post SV Nürnberg	48	TMS4	2.	00:08:11	00:43:19	00:25:17	01:16:47
101.	204	Schöppner	Jürgen	Erlangen	70	TMA4	26.	00:09:05	00:42:10	00:25:35	01:16:50
102.	160	Zelger	Gerhard	VfL Veitsbronn	54	TMS3	2.	00:07:29	00:42:44	00:26:38	01:16:51
103.	255	Oberender	Felix	Hallerndorf	85	TMA1	4.	00:06:56	00:00:00	01:10:00	01:16:56
103.	253	Mackrodt	Sven	Bamberg	79	TMA2	16.	00:08:07	00:45:10	00:23:39	01:16:56
105.	278	Bickel	Heinrich	Concordia Strullendorf	68	TMA4	27.	00:09:20	00:43:19	00:24:18	01:16:57
106.	116	Sill	Jochen	Ingolstadt	75	TMA3	15.	00:07:57	00:44:12	00:24:51	01:17:00
107.	289	Bedau	Folker	Drink & Run Club	68	TMA4	28.	00:07:41	00:46:12	00:23:11	01:17:04
108.	256	Brehm	Klaus	Wilhelmsdorf	62	TMS1	13.	00:08:05	00:44:54	00:24:15	01:17:14
109.	299	Büttner	Rene	Berlin	68	TMA4	29.	00:06:56	00:44:18	00:26:03	01:17:17
110.	199	Weninger	Jürgen	DJK Effeltrich	74	TMA3	16.	00:09:45	00:44:46	00:22:55	01:17:26
111.	249	Zierock	Max	Weiden i. d. OPf.	59	TMS2	14.	00:06:48	00:44:06	00:26:39	01:17:33
112.	262	Höpfner	Christian	Baiersdorf	66	TMS1	14.	00:07:56	00:44:34	00:25:05	01:17:35
112.	180	Mayer	Reinhold	Riedenburg	70	TMA4	30.	00:09:21	00:44:32	00:23:42	01:17:35
112.	338	Fröhlich	Martin	Systeme Helmholz	71	TMA4	31.	00:07:58	00:44:23	00:25:14	01:17:35
115.	132	Kretzler	Andreas	TSV 1860 Scheinfeld	78	TMA2	17.	00:09:14	00:44:04	00:24:19	01:17:37
116.	188	Abel	Reinhard	Ingenieurbüro Peter Pöttl	75	TMA3	17.	00:07:27	00:43:42	00:26:29	01:17:38
117.	80	Sendelbeck	Alexandra	TV 1860 Furth	80	TWA2	2.	00:05:56	00:44:33	00:27:15	01:17:44
118.	275	Mueller-Hillebrand	Peter	TB Erlangen 1888	62	TMS1	15.	00:07:28	00:44:45	00:25:33	01:17:46
119.	158	Garber	Katrin	DVV Coburg	85	TWA1	2.	00:07:56	00:45:01	00:24:55	01:17:52
120.	265	Hoffmann	Jürgen	TV 48 Erlangen	54	TMS3	3.	00:08:03	00:44:07	00:25:46	01:17:56
121.	208	Krunig	Raik	PUMA AG	64	TMS1	16.	00:09:12	00:43:28	00:25:20	01:18:00
122.	206	Krückl	Jochen	Pegnitzkeucher	70	TMA4	32.	00:08:16	00:44:06	00:25:42	01:18:04
123.	282	Wiegand	Falk	Cadolzburg	67	TMA4	33.	00:07:40	00:43:46	00:26:39	01:18:05
124.	251	Pfeufer	Thomas	LT Forchheim	67	TMA4	34.	00:08:02	00:44:40	00:25:27	01:18:09
125.	310	McGuinness	Lothar	Ingenieurbüro Peter Pöttl	65	TMS1	17.	00:08:41	00:44:27	00:25:04	01:18:12
126.	248	Hentschke	Jörg	Feuerwehr Herzogenaurach	62	TMS1	18.	00:07:59	00:44:50	00:25:26	01:18:15
127.	145	Nix	Christof	PUMA AG	74	TMA3	18.	00:08:28	00:44:44	00:25:04	01:18:16
128.	186	Wormser	Jörg	Fahrrad Dresel	70	TMA4	35.	00:09:00	00:45:11	00:24:17	01:18:28
129.	268	Rößner	Werner	Post SV Nürnberg	64	TMS1	19.	00:09:07	00:45:06	00:24:17	01:18:30
130.	83	Unger	Martina	Erlangen	80	TWA2	3.	00:08:02	00:43:17	00:27:23	01:18:42
131.	128	Wittenberg	Jan	Siemens AG	70	TMA4	36.	00:08:26	00:44:37	00:25:43	01:18:46
132.	174	Hummel	Stefan	Ingenieurbüro Peter Pöttl	70	TMA4	37.	00:08:19	00:45:11	00:25:17	01:18:47
133.	40	Wagner	Armin	Neuhaus	76	TMA3	19.	00:09:24	00:47:05	00:22:21	01:18:50
134.	126	Mitschink	Michael	Langensendelbach	76	TMA3	20.	00:09:03	00:44:39	00:25:13	01:18:55
135.	250	Müller-Allissat	Bernd	Biotronik	63	TMS1	20.	00:07:33	00:49:27	00:22:02	01:19:02
136.	139	Wölfel	Stefan	Erlangen	70	TMA4	38.	00:07:55	00:47:07	00:24:08	01:19:10
137.	41	Hindemith	Roland	Sunshine Sports Erlangen	70	TMA4	39.	00:10:25	00:45:01	00:23:47	01:19:13

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138.	159	Brandt	Sebastian	Rockersn	87	TMJN	4.	00:08:16	00:46:16	00:24:44	01:19:16
139.	227	Exner	Marion	TSV Höchststadt	66	TWS1	1.	00:08:41	00:44:52	00:25:46	01:19:19
140.	300	Kilic	Ahmet	Fürth	80	TMA2	18.	00:09:04	00:45:19	00:25:03	01:19:26
141.	148	Schilling	Ralph	Schaeffler Team	80	TMA2	19.	00:05:57	00:48:00	00:25:31	01:19:28
142.	226	Rost	Sandra	Sunshine Sports Erlangen	74	TWA3	3.	00:06:46	00:44:06	00:28:44	01:19:36
143.	72	Werner	Astrid	Herzogenaurach	85	TWA1	3.	00:07:39	00:47:02	00:24:56	01:19:37
144.	136	Parthey	Falko	Erlangen	78	TMA2	20.	00:08:07	00:44:34	00:27:03	01:19:44
145.	178	Gies	Dr.Peter	Herzogenaurach	58	TMS2	15.	00:10:12	00:42:47	00:26:46	01:19:45
145.	210	Lojack	Frank	TS Herzogenaurach	63	TMS1	21.	00:09:17	00:46:05	00:24:23	01:19:45
147.	267	Märkl	Thomas	Post SV Nürnberg	80	TMA2	21.	00:07:07	00:45:26	00:27:17	01:19:50
148.	193	Lehnfeld	Romanus	Herzogenaurach	58	TMS2	16.	00:07:55	00:47:49	00:24:07	01:19:51
149.	232	Pintus	Susanne	Schaeffler-Team	69	TWA4	5.	00:08:50	00:47:24	00:23:38	01:19:52
150.	263	Gebhardt	Robert	Erlangen	64	TMS1	22.	00:07:22	00:46:04	00:26:45	01:20:11
151.	261	Barthel	Harald	Erlangen	71	TMA4	40.	00:07:59	00:46:41	00:25:39	01:20:19
152.	234	Riedel	Heidi	TSV Neustadt/Aisch	61	TWS2	2.	00:09:12	00:47:03	00:24:09	01:20:24
153.	259	Hannamann	Horst	Langenfeld	59	TMS2	17.	00:08:41	00:45:22	00:26:41	01:20:44
154.	279	Krisa	Dr. Roger	TSV Cottbus	48	TMS4	3.	00:08:39	00:46:30	00:25:42	01:20:51
154.	184	Brehm	Wolfgang	Schaeffler Team	59	TMS2	18.	00:10:48	00:45:31	00:24:32	01:20:51
156.	101	Wiesneth	Thomas	Schaeffler Team	74	TMA3	21.	00:09:43	00:46:36	00:24:36	01:20:55
157.	303	Maag	Christoph	Baiersdorf	67	TMA4	41.	00:07:52	00:45:48	00:27:18	01:20:58
158.	273	Reichow	Rüdiger	Siemens E94	64	TMS1	23.	00:07:24	00:45:11	00:28:26	01:21:01
159.	233	Hindemith	Karin	Sunshine Sports Erlangen	71	TWA4	6.	00:08:52	00:45:21	00:26:49	01:21:02
160.	74	Wiegratz	Katrin	Nürnberg	75	TWA3	4.	00:08:38	00:46:36	00:25:49	01:21:03
161.	191	Lämmerzahl	Erik	Zirndorf	71	TMA4	42.	00:07:17	00:47:03	00:26:47	01:21:07
161.	228	Fleischmann	Andrea	Metzgerei Fleischmann	72	TWA3	5.	00:07:49	00:00:00	01:13:18	01:21:07
163.	87	Böttger	Friederike	TV 1860 Fürth	81	TWA2	4.	00:07:39	00:44:43	00:28:50	01:21:12
164.	308	Deindörfer	Peter	TV 48 Erlangen	60	TMS2	19.	00:09:53	00:44:37	00:26:43	01:21:13
165.	270	Mangels	Lars	PUMA AG	75	TMA3	22.	00:07:22	00:50:06	00:23:47	01:21:15
166.	146	Morner	Manfred	SC Roth 52	44	TMS5	1.	00:10:46	00:44:09	00:26:22	01:21:17
167.	75	Wahl	Nicole	TSV Neuhaus/Aisch	80	TWA2	5.	00:07:39	00:45:19	00:28:24	01:21:22
168.	294	Rieck	Christian	Stein	68	TMA4	43.	00:08:37	00:47:57	00:24:49	01:21:23
169.	332	Fella	Axel	TB Erlangen	60	TMS2	20.	00:07:40	00:45:06	00:28:49	01:21:35
170.	79	Unfried	Ursula	DAV Röthenbach	58	TWS2	3.	00:09:22	00:47:20	00:24:55	01:21:37
171.	157	Kraus	Tobias	Rockersn	86	TMA1	5.	00:10:31	00:46:23	00:24:44	01:21:38
172.	195	Federl	Andreas	Nürnberg	67	TMA4	44.	00:08:14	00:45:30	00:27:57	01:21:41
173.	121	Nopper	Felix	Herzogenaurach	89	TMJA	4.	00:08:34	00:46:29	00:26:43	01:21:46
173.	258	Söhnlein	Engelbert	Adelsdorf	58	TMS2	21.	00:08:16	00:49:02	00:24:28	01:21:46
175.	170	Dürrbeck	Konrad	Ingenieurbüro Peter Pölll	88	TMJN	5.	00:08:17	00:47:15	00:26:23	01:21:55
176.	118	Straetz	Klaus	Trunstadt	71	TMA4	45.	00:09:18	00:46:37	00:26:23	01:22:18
177.	89	Attmannspacher	Gudrun	DJK SF Langwasser	60	TWS2	4.	00:07:49	00:48:44	00:25:49	01:22:22
178.	254	Kirschmann	Thomas	Sigmaringen	68	TMA4	46.	00:08:02	00:47:20	00:27:01	01:22:23
179.	297	Fröde	Alexander	Baiersdorf	69	TMA4	47.	00:07:30	00:46:16	00:28:38	01:22:24
180.	48	Dellermann	Michael	Höchststadt a. d. Aisch	66	TMS1	24.	00:10:48	00:47:15	00:24:22	01:22:25
181.	271	Schwarz	Thomas	PUMA AG	72	TMA3	23.	00:09:13	00:49:20	00:23:58	01:22:31
182.	266	Kreutz	Dr. Andreas	Orthopädische Praxis Dr. Kreut	69	TMA4	48.	00:05:20	00:49:13	00:28:05	01:22:38
183.	224	Pol	Rosita	TV Fürth 1860	61	TWS2	5.	00:06:39	00:50:20	00:25:42	01:22:41

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184.	281	Pantasch	Reinhold	TSV Katzwang 05	71	TMA4	49.	00:10:54	00:48:02	00:23:49	01:22:45
185.	99	Flory	Klaus	Sugenheim	62	TMS1	25.	00:09:37	00:47:24	00:25:49	01:22:50
186.	143	Ethevenaux	Matthias	Möhrendorf	83	TMA1	6.	00:08:08	00:46:17	00:28:32	01:22:57
187.	142	Häfner	Gerhard	Herzogenaurach	63	TMS1	26.	00:09:58	00:48:20	00:24:41	01:22:59
188.	230	Mayer	Silke	Erlangen	79	TWA2	6.	00:07:29	00:47:54	00:27:47	01:23:10
189.	44	Zeh	Christian	Lauffreunde Gößweinstein	68	TMA4	50.	00:08:19	00:45:59	00:28:55	01:23:13
189.	135	Zacherl	Andreas	Fürth	80	TMA2	22.	00:08:24	00:45:15	00:29:34	01:23:13
191.	141	Helfenbein	Heiner	Fürth	57	TMS2	22.	00:07:37	00:48:09	00:27:52	01:23:38
192.	219	Brehm	Monika	Schaeffler Team	65	TWS1	2.	00:09:31	00:46:45	00:27:32	01:23:48
193.	175	Stebner	Armin	Ingenieurbüro Peter Pörtl	71	TMA4	51.	00:09:53	00:49:35	00:24:21	01:23:49
193.	200	Wernicke	Stephan	Drink & Run Club	66	TMS1	27.	00:10:16	00:48:34	00:24:59	01:23:49
195.	131	Nopper	Helmut	Herzogenaurach	58	TMS2	23.	00:08:33	00:44:59	00:30:21	01:23:53
196.	163	Stenzel	Stefan	ProLeiT AG	69	TMA4	52.	00:08:54	00:46:28	00:28:34	01:23:56
196.	172	Stamerjohanns	Jochen	ProLeiT AG	66	TMS1	28.	00:08:00	00:46:43	00:29:13	01:23:56
198.	151	Bethke	Norbert	TSV Höchststadt	64	TMS1	29.	00:05:58	00:50:01	00:27:59	01:23:58
199.	110	Bühler	Dr. Stephan	Falkendorf	64	TMS1	30.	00:08:25	00:48:00	00:27:36	01:24:01
200.	127	Kern	Bernd	Schaeffler Team	73	TMA3	24.	00:09:31	00:51:08	00:23:25	01:24:04
201.	90	Schneider	Barbara	DJK SF Langwasser	67	TWA4	7.	00:07:45	00:48:31	00:28:06	01:24:22
202.	209	Paulus	Michael	TS Herzogenaurach	78	TMA2	23.	00:09:19	00:48:00	00:27:07	01:24:26
203.	138	Kadar	Thomas	Herzogenaurach	83	TMA1	7.	00:08:56	00:47:06	00:28:27	01:24:29
204.	112	Berghammer	Christoph	Siemens	79	TMA2	24.	00:08:37	00:51:24	00:24:31	01:24:32
205.	176	Pichel	Joachim	Ingenieurbüro Peter Pörtl	69	TMA4	53.	00:12:44	00:47:55	00:23:56	01:24:35
206.	34	Rothhaupt	Dr. Armin	Eckental	62	TMS1	31.	00:08:31	00:50:31	00:25:40	01:24:42
207.	111	Schobert	Jörg	Schaeffler-Team	71	TMA4	54.	00:09:54	00:47:02	00:27:50	01:24:46
208.	171	Bellmann	Wolfgang	Ingenieurbüro Peter Pörtl	71	TMA4	55.	00:07:56	00:47:08	00:29:59	01:25:03
209.	120	Müller	Christian	Herzogenaurach	75	TMA3	25.	00:09:34	00:47:15	00:28:21	01:25:10
209.	168	Pörtl	Peter	Ingenieurbüro Peter Pörtl	61	TMS2	24.	00:09:37	00:46:15	00:29:18	01:25:10
211.	197	Schneider	Michael	DAV Kronach	88	TMJN	6.	00:10:21	00:47:21	00:27:46	01:25:28
212.	187	Medla	Uwe	forrest gump	56	TMS3	4.	00:09:44	00:46:40	00:29:08	01:25:32
213.	122	Herbst	Matthias	Langensendelbach	67	TMA4	56.	00:08:40	00:50:24	00:26:29	01:25:33
214.	198	Klinger	Thomas	DAV Kronach	87	TMJN	7.	00:09:40	00:48:07	00:27:57	01:25:44
215.	257	Manz	Tobi	Uehlfeld	79	TMA2	25.	00:08:15	00:51:00	00:26:30	01:25:45
216.	304	Wübbe	Marcus	Erlangen	69	TMA4	57.	00:07:37	00:48:37	00:29:42	01:25:56
217.	93	Scholz	Christoph	Herzogenaurach	67	TMA4	58.	00:10:31	00:47:09	00:28:31	01:26:11
218.	277	Leitz	Eberhardt	TS Herzogenaurach	53	TMS3	5.	00:08:47	00:50:50	00:26:43	01:26:20
219.	81	Grasbon	Heidi	Erlangen	72	TWA3	6.	00:08:03	00:53:32	00:24:52	01:26:27
220.	49	Wershofen	Martina	Herzogenaurach	68	TWA4	8.	00:10:05	00:50:21	00:26:15	01:26:41
221.	196	Krug	Heiko	TSV Höchststadt	79	TMA2	26.	00:07:01	00:46:12	00:33:32	01:26:45
222.	202	Korte	Christian	Dortmund	71	TMA4	59.	00:10:23	00:46:52	00:29:37	01:26:52
223.	42	Hoffmann	Johannes	Sport Hoffmann	66	TMS1	32.	00:07:44	00:53:53	00:25:20	01:26:57
223.	223	Wiedmann	Karolina	TSV Höchststadt	58	TWS2	6.	00:09:56	00:49:27	00:27:34	01:26:57
225.	280	Weghorn	Uwe	TSV Emskirchen	75	TMA3	26.	00:08:16	00:51:20	00:27:22	01:26:58
226.	201	Paulus	Martin	Herzogenaurach	78	TMA2	27.	00:09:37	00:46:51	00:30:43	01:27:11
227.	115	Hauser	Andreas	Herzogenaurach	79	TMA2	28.	00:09:35	00:48:58	00:28:41	01:27:14
228.	65	Hofmann	Annette	Herzogenaurach	62	TWS1	3.	00:11:12	00:46:02	00:30:07	01:27:21
229.	179	Quaiser	Helmut	TS Herzogenaurach	48	TMS4	4.	00:11:06	00:46:19	00:30:03	01:27:28

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### Ergebnisliste

230.	177	Balbus	Andy	Baunach	76	TMA3	27.	00:08:18	00:47:36	00:31:36	01:27:30
231.	218	Brey	Ute	TSV Neustadt/Aisch	60	TWS2	7.	00:11:02	00:50:38	00:25:51	01:27:31
232.	245	Kadar	Julian	Herzogenaurach	85	TMA1	8.	00:08:17	00:49:53	00:29:28	01:27:38
233.	69	Heintze	Stefanie	Siemens AG	78	TWA2	7.	00:09:31	00:47:44	00:30:25	01:27:40
234.	167	Sembenotti	Michael	ProLeiT AG	61	TMS2	25.	00:08:01	00:47:54	00:31:56	01:27:51
235.	117	Riecks	Marcus	adidas AG	65	TMS1	33.	00:11:02	00:50:00	00:26:58	01:28:00
236.	50	Hoffmann	Anke	Sport Hoffmann	66	TWS1	4.	00:10:04	00:51:53	00:26:04	01:28:01
237.	181	Hahne	Claus	Siemens AG	71	TMA4	60.	00:09:16	00:47:53	00:31:05	01:28:14
238.	94	Böhm	Dr. Markus	amball business software	65	TMS1	34.	00:08:41	00:51:22	00:28:17	01:28:20
239.	130	Vogel	Kai-Uwe	SpVgg Hessdorf	65	TMS1	35.	00:10:05	00:51:44	00:26:43	01:28:32
240.	302	Selzam	Herbert	Höchstadt	56	TMS3	6.	00:09:08	00:49:47	00:29:40	01:28:35
241.	309	Moser	Janna		86	TWA1	4.	00:08:39	00:52:04	00:27:53	01:28:36
242.	156	Schmitt	Marcus	Herzogenaurach	72	TMA3	28.	00:09:20	00:50:18	00:29:21	01:28:59
243.	129	Herzog	Tobias	Siemens E94	79	TMA2	29.	00:09:29	00:50:12	00:29:21	01:29:02
244.	85	Grillenberger	Barbara	Herzogenaurach	56	TWS3	1.	00:09:31	00:49:20	00:30:12	01:29:03
245.	114	Schlemmer	Burkhardt	ASV Niederndorf	57	TMS2	26.	00:08:48	00:53:11	00:27:06	01:29:05
246.	183	Michaud	David	Kurt Malter Air Service	61	TMS2	27.	00:08:33	00:49:28	00:31:25	01:29:26
247.	56	Fleischmann	Ute	Tuchenbach	68	TWA4	9.	00:09:20	00:54:10	00:25:58	01:29:28
248.	37	Stowasser	Georg	TB Erlangen 1888	54	TMS3	7.	00:09:54	00:53:06	00:26:45	01:29:45
249.	55	Zeiner	Simone	ASV Niederndorf	82	TWA1	5.	00:09:01	00:49:30	00:31:19	01:29:50
250.	73	Rode	Romy	Grossenseebach	81	TWA2	8.	00:10:27	00:50:27	00:29:08	01:30:02
251.	150	Wiedorn	Klaus	TS Herzogenaurach	69	TMA4	61.	00:10:04	00:50:32	00:29:44	01:30:20
252.	86	Fuchs	Constanze	SSV Forchheim	74	TWA3	7.	00:08:01	00:51:30	00:30:51	01:30:22
253.	61	Hell	Sibylle	Nürnberg	59	TWS2	8.	00:09:56	00:53:18	00:27:11	01:30:25
254.	97	Demar	Martin	Erlangen	73	TMA3	29.	00:09:44	00:49:49	00:30:56	01:30:29
255.	38	Ort	Gerhard	Bläsergruppe Aurachgrund	68	TMA4	62.	00:09:49	00:51:10	00:29:31	01:30:30
256.	217	Zeidler	Hildegard	TSV Neustadt/Aisch	57	TWS2	9.	00:10:07	00:50:24	00:30:00	01:30:31
257.	169	Sippel	Andreas	Ingenieurbüro Peter Pöttl	85	TMA1	9.	00:11:58	00:52:18	00:26:23	01:30:39
258.	220	Riedel	Angelika	TDM-Franken	56	TWS3	2.	00:09:53	00:51:51	00:29:06	01:30:50
259.	166	Stingl	Peter	ProLeiT AG	67	TMA4	63.	00:09:43	00:49:30	00:31:43	01:30:56
260.	164	Schmidt	Dr. Reinhold	ProLeiT AG	52	TMS3	8.	00:09:37	00:50:51	00:30:38	01:31:06
261.	59	Hahne	Miriam	Siemens AG	77	TWA2	9.	00:08:54	00:50:03	00:32:11	01:31:08
262.	60	Marschall	Mandy	Herzogenaurach	74	TWA3	8.	00:08:56	00:49:17	00:33:05	01:31:18
263.	222	Baumann	Sissy	Team Finish Line	67	TWA4	10.	00:09:18	00:53:47	00:28:16	01:31:21
264.	98	Jäger	Marco	Fürth	74	TMA3	30.	00:09:48	00:50:03	00:31:39	01:31:30
265.	109	Troltzsch	Sabine	Realschule Herzogenaurach	50	TWS4	1.	00:00:00	00:52:43	00:38:59	01:31:42
266.	84	Rieger	Sabine	Nürnberg	84	TWA1	6.	00:09:17	00:49:36	00:32:55	01:31:48
267.	45	Clemens	Dr. Wolfgang	Puschendorf	65	TMS1	36.	00:08:02	00:54:23	00:29:36	01:32:01
268.	119	Machalz	Thomas	Erlangen	60	TMS2	28.	00:11:04	00:50:29	00:30:29	01:32:02
269.	76	Abel	Ingrid	Ingenieurbüro Peter Pöttl	77	TWA2	10.	00:10:19	00:51:39	00:30:12	01:32:10
270.	82	Duda	Sabine	Fürth	77	TWA2	11.	00:09:23	00:52:33	00:30:18	01:32:14
271.	154	Diemer	Uwe	TV Feuerbach	57	TMS2	29.	00:10:42	00:50:42	00:31:05	01:32:29
272.	108	Speth	Friedrich	Herzogenaurach	49	TMS4	5.	00:10:01	00:49:36	00:33:32	01:33:09
273.	51	Schmitt	Anne	Gymnasium-Herzogenaurach	88	TWJN	1.	00:09:56	00:55:43	00:27:45	01:33:24
274.	54	Hildebrandt	Sissy	Freystadt	67	TWA4	11.	00:10:07	00:55:08	00:28:15	01:33:30
275.	105	Maier	Detlef	Erlangen	63	TMS1	37.	00:10:30	00:52:45	00:30:18	01:33:33

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### Ergebnisliste

276.	47	Nitsche	Thomas	Höchstadt a. d. Aisch	68	TMA4	64.	00:09:36	00:54:11	00:30:05	01:33:52
277.	125	Sterr	Gerhard	Erlangen	49	TMS4	6.	00:10:05	00:53:39	00:30:12	01:33:56
278.	64	Bucher	Eva	Ingenieurbüro Peter Pöttl	82	TWA1	7.	00:09:55	00:50:51	00:33:12	01:33:58
279.	137	Becker	Frank	Erlangen	79	TMA2	30.	00:08:58	00:55:58	00:29:40	01:34:36
280.	70	Krause	Karin	Nürnberg	82	TWA1	8.	00:08:36	00:51:04	00:35:10	01:34:50
281.	189	Becker	Frederic	Ingenieurbüro Peter Pöttl	78	TMA2	31.	00:09:07	00:48:18	00:37:28	01:34:53
282.	77	Oyda	Nicole	Erlangen	74	TWA3	9.	00:09:11	00:53:37	00:32:22	01:35:10
283.	96	Henninger	Dieter	Bad Windsheim	64	TMS1	38.	00:09:57	00:53:04	00:32:23	01:35:24
284.	103	Käsbach	Christopher	Siemens AG	79	TMA2	32.	00:10:29	00:59:33	00:25:41	01:35:43
285.	71	Abel	Monika	Ingenieurbüro Peter Pöttl	81	TWA2	12.	00:10:14	00:52:43	00:32:53	01:35:50
286.	231	Schröder	Andrea	PUMA AG	76	TWA3	10.	00:07:53	00:57:21	00:30:41	01:35:55
287.	92	Kaiser	Bernd	Münchner Tafel	69	TMA4	65.	00:10:28	00:58:27	00:27:50	01:36:45
288.	229	Weber	Dagmar	Münchner Tafel	73	TWA3	11.	00:08:52	00:51:14	00:37:04	01:37:10
289.	215	Fella	Rosi	TB Erlangen	63	TWS1	5.	00:10:04	00:55:02	00:32:56	01:38:02
290.	95	Krückl	Peter	KarstadtQuelle Versicherung	70	TMA4	66.	00:10:25	00:50:54	00:36:51	01:38:10
291.	100	Luthardt	Christian	Fürth	74	TMA3	31.	00:10:05	00:52:14	00:37:07	01:39:26
292.	106	Waczula	Jochen	Fürth	67	TMA4	67.	00:10:57	00:51:41	00:37:33	01:40:11
293.	113	Weber	Jürgen	Münchner Tafel	39	TMS6	1.	00:10:19	00:55:47	00:34:28	01:40:34
294.	216	Blasch	Petra	Schaeffler Team	78	TWA2	13.	00:10:44	00:54:09	00:36:09	01:41:02
295.	133	Schmidt	Siegfried	1.Boogie Woogie Club Nürnberg	56	TMS3	9.	00:07:35	00:56:52	00:36:56	01:41:23
296.	104	Ray	Phillip	Siemens AG	47	TMS4	7.	00:12:01	00:55:15	00:36:14	01:43:30
297.	124	Plessmann	Dominik	Erlangen	74	TMA3	32.	00:09:06	00:53:58	00:41:09	01:44:13
298.	32	Gahr	Andreas	amball business-software	80	TMA2	33.	00:08:37	01:00:06	00:35:46	01:44:29
299.	91	Schmidt	Reinhold	TV Eckersmühlen	55	TMS3	10.	00:11:13	00:58:06	00:35:39	01:44:58
300.	58	Müller	Renate	Herzogenaurach	62	TWS1	6.	00:10:23	00:58:14	00:36:56	01:45:33
301.	53	Zierock	Erika	Weiden i. d. OPf.	61	TWS2	10.	00:10:17	00:58:10	00:37:13	01:45:40
302.	57	Brehm	Andrea	Wilhelmsdorf	63	TWS1	7.	00:09:40	01:04:59	00:32:18	01:46:57
303.	31	Bock	Benjamin	amball business software	76	TMA3	33.	00:10:19	00:58:45	00:38:24	01:47:28
303.	35	Rißmann	Michael	Schwabach	78	TMA2	34.	00:09:41	00:59:20	00:38:27	01:47:28
305.	67	Grandjean	Andrea	Gymn Spardorf	89	TWJA	1.	00:07:33	01:01:13	00:38:49	01:47:35
306.	36	Mocker	Wolfgang	Uttenreuth	49	TMS4	8.	00:11:21	01:00:27	00:38:32	01:50:20
307.	66	Bucher	Eva	Ingenieurbüro Peter Pöttl	82	TWA1	9.	00:11:15	01:08:04	00:31:23	01:50:42
308.	107	Reiß	Dietmar	Aurachtal	64	TMS1	39.	00:12:17	00:54:53	00:43:44	01:50:54
309.	62	Gerlach	Tiffany	PCC TriTeam Nürnberg	89	TWJA	2.	00:11:18	01:00:48	00:40:26	01:52:32
310.	39	Baumgärtner	Dieter	PCC TRITEAM NÜRNBERG	54	TMS3	11.	00:11:57	00:58:18	00:42:50	01:53:05
311.	33	Gumbmann	Stefan	Bläsergruppe Aurachgrund	67	TMA4	68.	00:14:23	01:03:19	00:35:29	01:53:11
312.	52	Grave	Susanne	Seukendorf	66	TWS1	8.	00:10:13	01:08:34	00:36:36	01:55:23
313.	63	Eschment	Renate	TS Herzogenaurach	37	TWS6	1.	00:12:33	01:16:50	00:39:32	02:08:55
314.	78	Beyer	Beate	1. Boogie Woogie Club Nürnberg	61	TWS2	11.	00:10:33	01:21:55	00:36:48	02:09:16
315.	140	Nüßlein	Peter	Eckental	64	TMS1	40.	00:12:58	01:13:48	00:43:56	02:10:42